

## Islam

Islam is the religion of Muslims. 'Islam' means 'peace through willing submission to Allah'. The word 'Muslim' means 'one who **submits** to Allah'. Allah is the Muslim name for God.

Muslims believe that there is one god, Allah, and that Mohammad is his messenger. The Muslim scripture is called the Koran, or Qur'an. The Koran shows Muslims how Allah wants them to live. Islam influences every aspect of Muslim life, including:

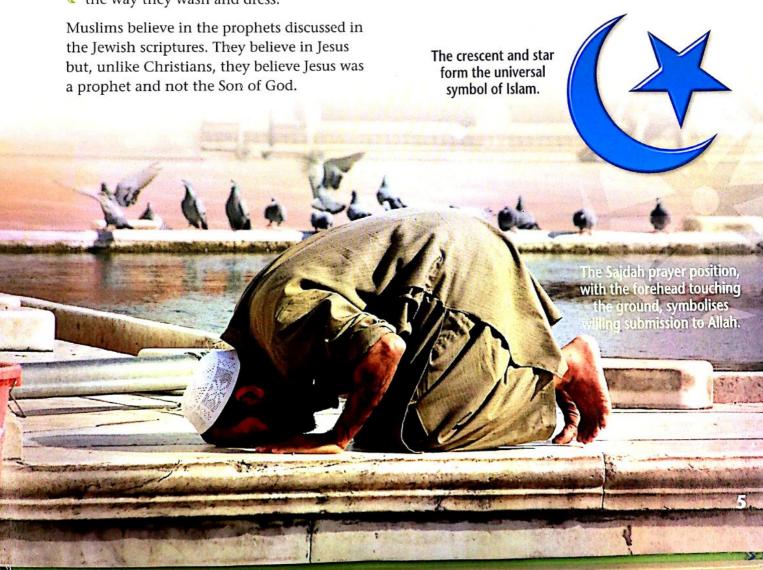
- worship practices
- family life
- eating habits
- the way they wash and dress.

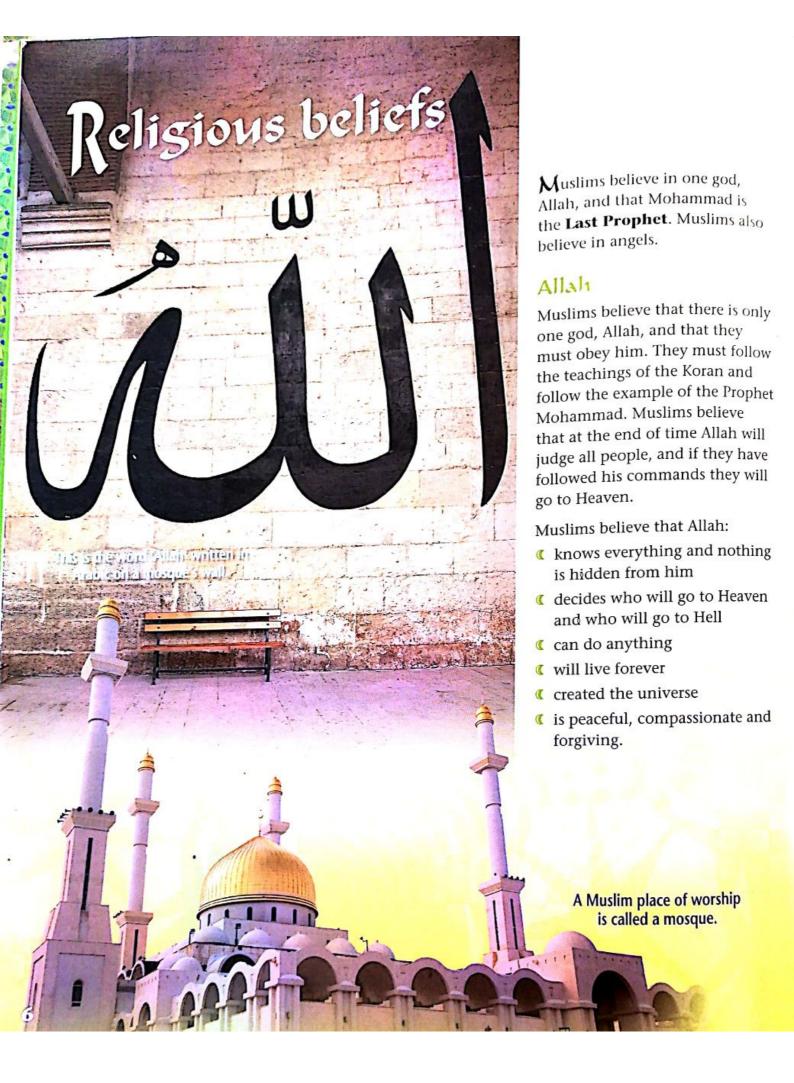


There are two main branches of Islam:

- the Sunnis, who make up about 84 to 90 per cent of the world's Muslims
- the Shi'ites.

The Sunnis and Shi'ites practise Islam in a similar way but have different beliefs about who were Mohammad's **successors**.







#### The Last Prophet

Muslims believe that Mohammad, who lived in the 600s CE, is the Last Prophet. They believe that Mohammad received regular messages from Allah during his lifetime. These teachings make up the Koran.

It is considered disrespectful to draw pictures or show images of Mohammad. A movie made of his life used an actor who portrayed him off-camera.

Muslims always add the words 'Sallallahu alaihi wa sallam' after they say the Prophet's name. It means 'the peace and blessings of Allah be upon him'.

#### Angels

Muslims believe that Allah created angels from light. These angels can change their appearance and they also have a number of duties. These are:

- to praise Allah
- to carry Allah's throne
- to carry his message.

Muslims believe everyone has two guardian angels that are always with them to guide and help them. Angels write down the good and bad deeds of each person in a book. Allah will use this book at the end of time when he judges everybody.

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# Beliefs about behaviour

All Muslims must observe the Five Pillars of Islam and must behave truthfully, generously and respectfully. Some Muslims also serve Allah as muftis, imams or sheikhs.

### The Five Pillars of Islam

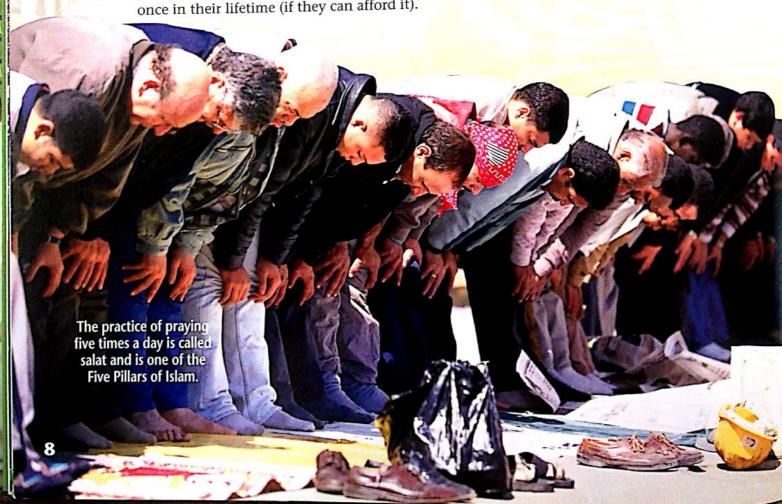
The Five Pillars of Islam, which Muslims must follow, are:

- reciting the shahadah, which is 'there is no god but Allah and his Prophet is Mohammad'
- praying five times a day
- fasting from dawn to sunset during Ramadan
- giving to charity
- going on a pilgrimage to Mecca at least once in their lifetime (if they can afford it).

### Truthfulness, generosity and respect

Muslims must be truthful, generous and respectful in their everyday lives. They must:

- tell the truth
- deal fairly with other people
- avoid killing anybody
- avoid doing evil
- teach other people about the Koran
- on the make pictures of Allah or Mohammad
- not quarrel over money or anything else
- not charge interest on loans or deal with interest
- give two-fifths of their income to charity.



#### Muftis, imams and sheiklis

Muftis, imams and sheikhs are very important leaders in Muslim communities. They are responsible for guiding their communities so they follow Mohammad's teachings. Sometimes, they become politicians to encourage a wider audience to follow the Prophet's teachings. They are expected to provide spiritual guidance in their duties as a politician.

#### Muftis

Muftis are highly trained Islamic scholars, responsible for interpreting Islamic law. Their duties include giving legal opinions on issues, either privately or to judges. These legal opinions are called fatwas.

#### **Imams**

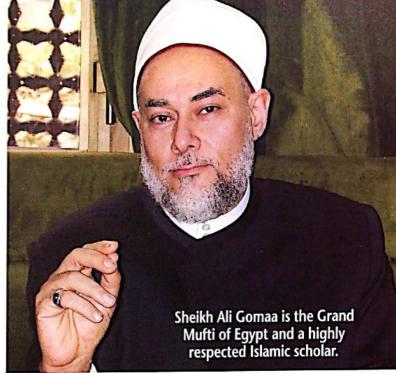
Imams are leaders of Islamic **congregations**. They lead the prayers and preach **sermons** in mosques.

#### Sheikhs

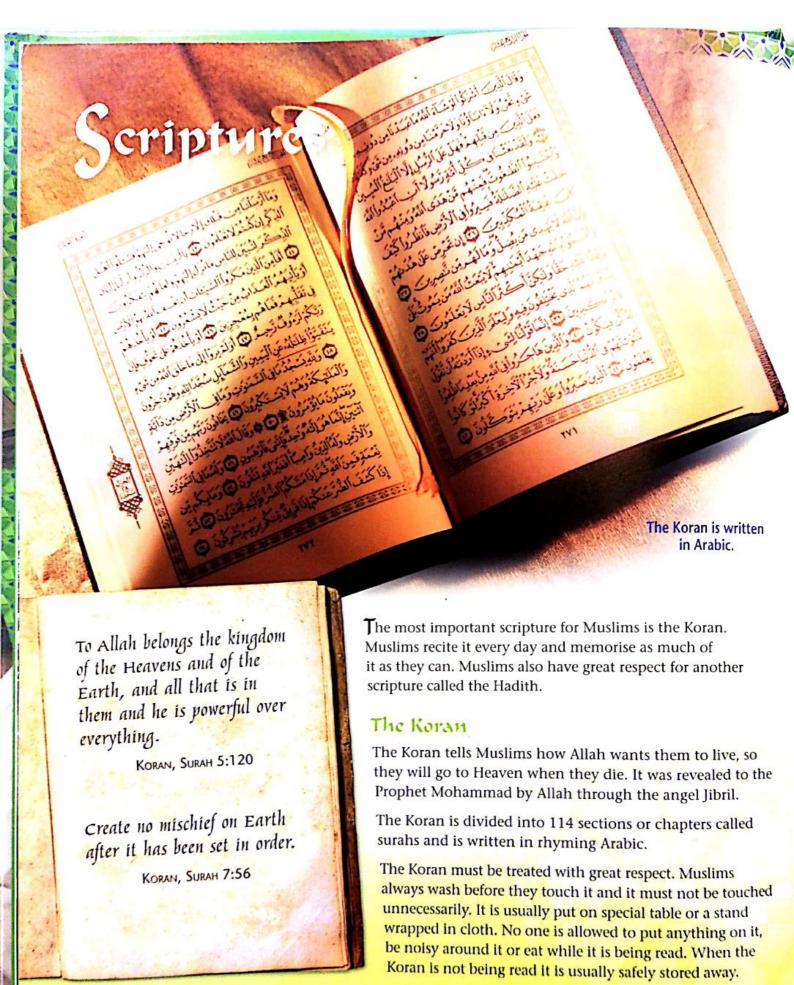
Traditionally, 'sheikh' is the word for a tribal leader and means 'elder' or 'revered wise man'. Sheikhs are elected by the community. They solve disputes, such as arguments between a husband and wife or who owns a particular piece of land. Sheikhs are also responsible for the poorer members of the community. A sheikh's wife is considered very important and receives much respect from the community.

These days, a sheikh can also perform the same duties as an imam.

The imam of the Grand Mosque of Mecca, Abdul Rahman bin Abdul Aziz al-Sudais, leads a congregation in prayer.







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#### The Hadith

The Hadith is another important scripture to Muslims. It contains the sayings of Mohammad and explains the Koran, particularly the sections on law and religious observance. The Hadith also gives information about the Prophet Mohammad's life, such as how he prayed, his family and the wars he fought in.

Mohammad passed on his teachings **orally** to his wives, family and followers. They in turn told them to other people. The Hadith was first compiled as a text in the 800s CE by two scholars called Bukhari and Muslim.

Muslim women in Indonesia take part in a weekly reading of the scriptures.

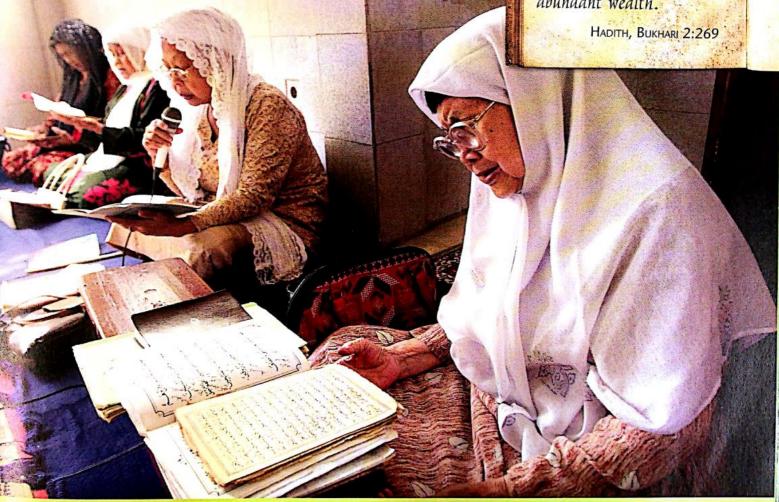
No man is a true believer unless he desires for his brother that which he desires for himself.

HADITH, MUSLIM

If you give charity openly it is well, and if you hide it and give it to the poor it is better for you.

HADITH, BUKHARI 2:271

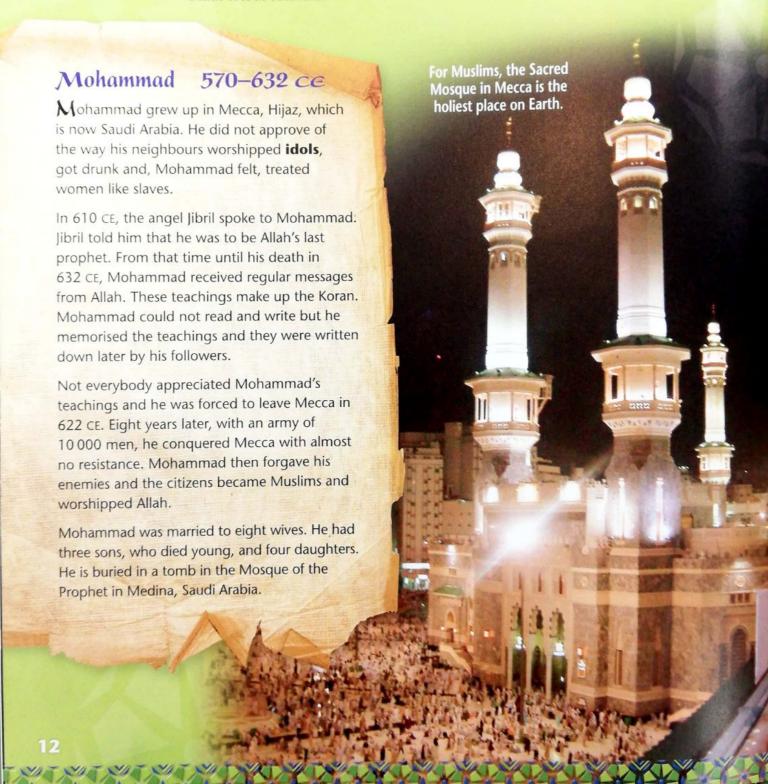
And whoever is given knowledge is given indeed abundant wealth.

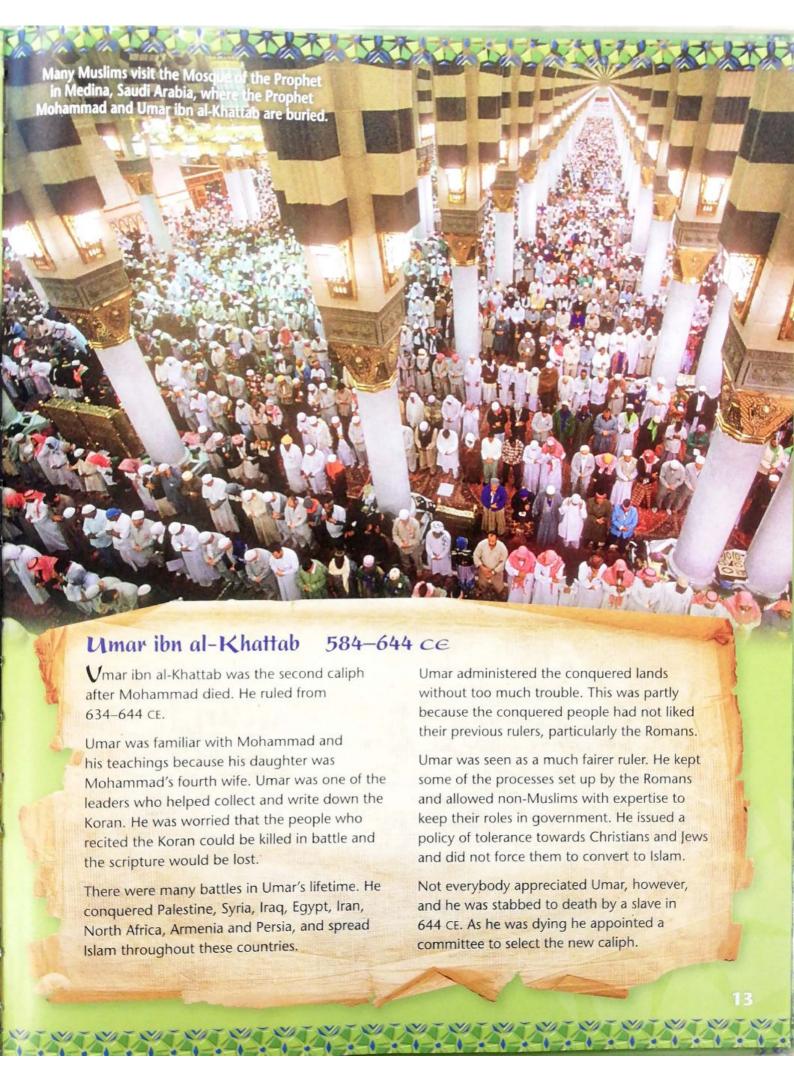


## Religious leaders

The Prophet Mohammad is the most important religious leader to Muslims. After he died, his work was carried on by **caliphs**. An important caliph was Umar ibn al-Khattab.

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## Worship practices

The most important worship practices for Muslims are praying five times a day and going on a pilgrimage to Mecca at least once in their lifetime.

#### Praying

The Muslim word for prayer is salat. Muslims can pray anywhere, but it is considered best to pray at a mosque. Muslims must take their shoes off before entering a mosque and wash before they pray. This ritual washing is called wudu. It involves washing the hands and arms to the elbows, rinsing the mouth, nose and ears, wiping the hair and washing the feet.

Muslims kneel on a mat and face in the direction of Mecca to pray. This is because Mecca is the religious centre of the Muslim world.

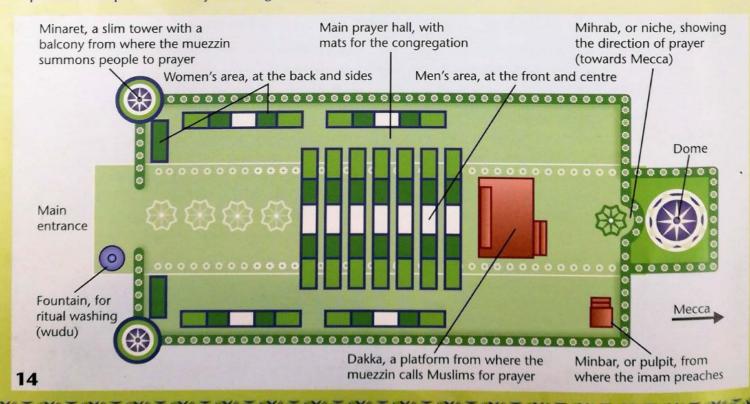
#### **Prayer times**

Muslims practise salat every day of the week at set times. The five prayer times are:

- Fajr, which means dawn
- Maghrib, which means sunset
- C Dhuhr, which means midday
- Isha, which means evening.
- Asr, which means afternoon

This is the typical floor plan of a mosque.

The five prayer times are for Muslims to remember Allah and seek his guidance, mercy and forgiveness.



#### Pilgrimage to Mecea

Muslims make the pilgrimage to Mecca during the month of Dhul-Hijja in the Islamic calendar. This pilgrimage is called the Hajj. Approximately three million people travel to Mecca at this time.

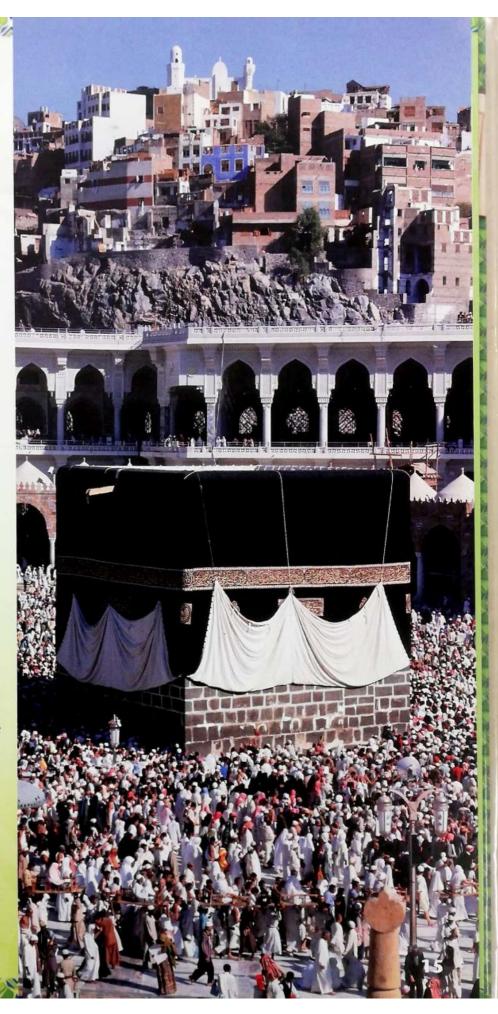
Some of the acts Muslims perform during the Hajj are:

- chanting prayers and walking around the Kaaba at least seven times in an anti-clockwise direction
- drinking water from the Well of Zamzam
- visiting Mount Arafat
- visiting the Mount of Mercy, where Mohammad delivered his last sermon
- collecting pebbles at Muzdalifah
- going to the three stone pillars at the Village of Mina and throwing 49 pebbles at the pillar that represents Iblis. Iblis is the angel that makes trouble for Muslims.

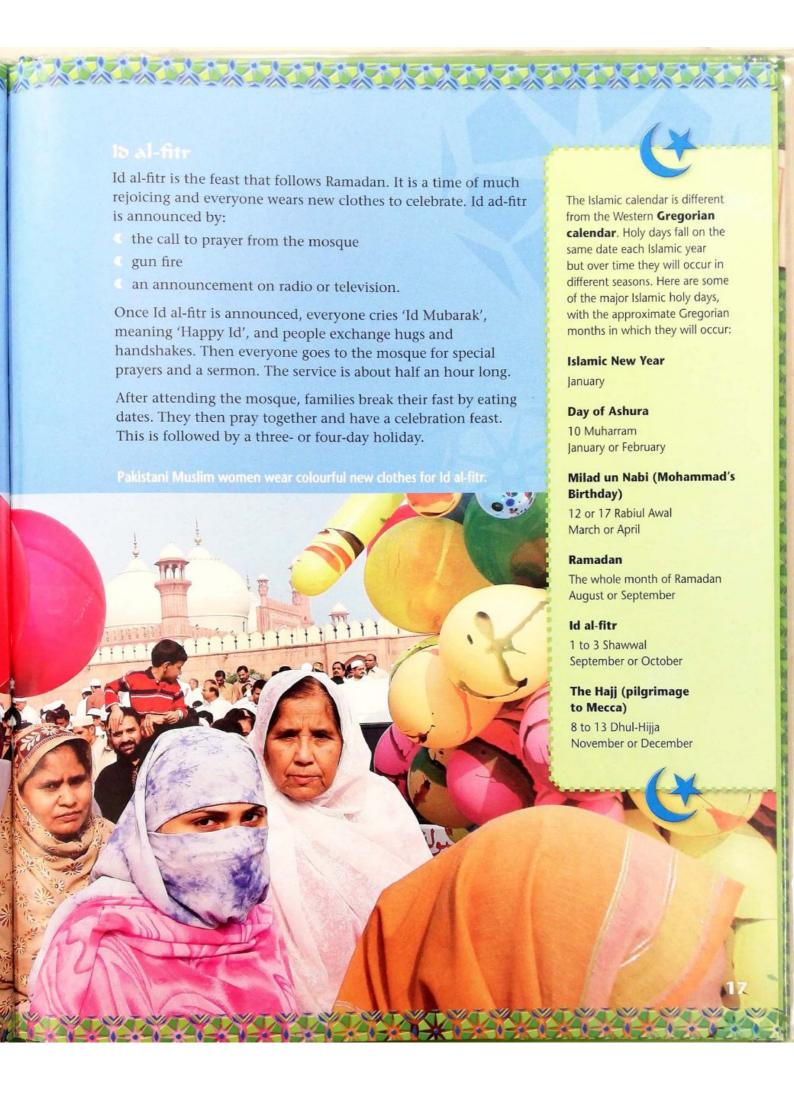
#### Ihram clothing

When pilgrims reach Mecca they wear an ihram. This is two pieces of white cloth for men and a long dress for women, which leave only their faces and hands bare. This is to make everyone look similar, to symbolise that they are all equal in the sight of Allah.

Pilgrims circle the Kaaba, which is inside the Sacred Mosque in Mecca and is the holiest building in Islam.







### mportant Muslims

Important Muslims include the women in Mohammad's family and the ancient Muslim astronomers and mathematicians. Astronomy helped Muslims determine the times for prayer, the date of the new moon and the precise direction of Mecca.

### Khadijah Bint Khuwaylid 560-620 CE

Mohammad's first wife, Khadijah Bint Khuwaylid, was a successful businesswoman. She supported Mohammad so he could spend his time worshipping Allah and teaching people about Islam. Khadijah encouraged Mohammad, comforted him and believed in him. Muslims see her as a good role model for Muslim women.

### A'isha Bint AbuBakar 613-678 ce

A'isha Bint AbuBakar was Mohammad's third wife. She is remembered for her work recording and preserving the Hadith. A'isha was known for her skills in mathematics, poetry and medicine, and for her passion for educating women and children. Scholars still study her teachings today.



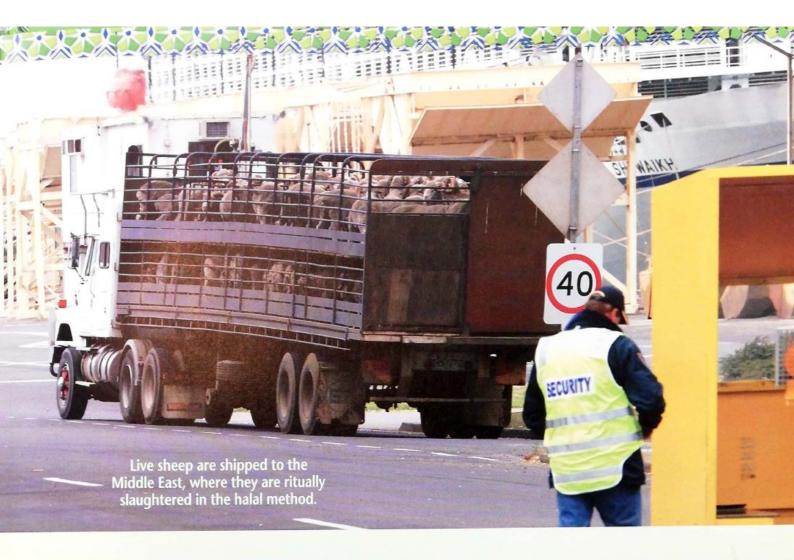
#### Fatima Al Zahra 615–632 CE

Fatima Al Zahra was Mohammad and Khadijah's youngest daughter. She was known for her courage because she often had to defend her father's teachings. She is also known for her generosity. Fatima gave away so many of her possessions that she often had very little for herself. A centre for women's rights in Baghdad, Iraq, was named after her.

Women learn computer skills at the Fatima Al Zahra Centre for Women's Rights in Baghdad, Iraq.







#### Food

The Koran has several rules about foods Muslims can and cannot eat. Foods that are 'haram' are forbidden by Islamic law. Foods that are 'halal' are allowed.

#### Haram foods

It is forbidden for Muslims to eat any of the following:

- animals that are not killed in the halal method
- pork (or any type of pig meat)
- blood
- meat that has been offered to idols, because the animal was slaughtered without the name of Allah being said.

It is also considered haram to drink alcohol.

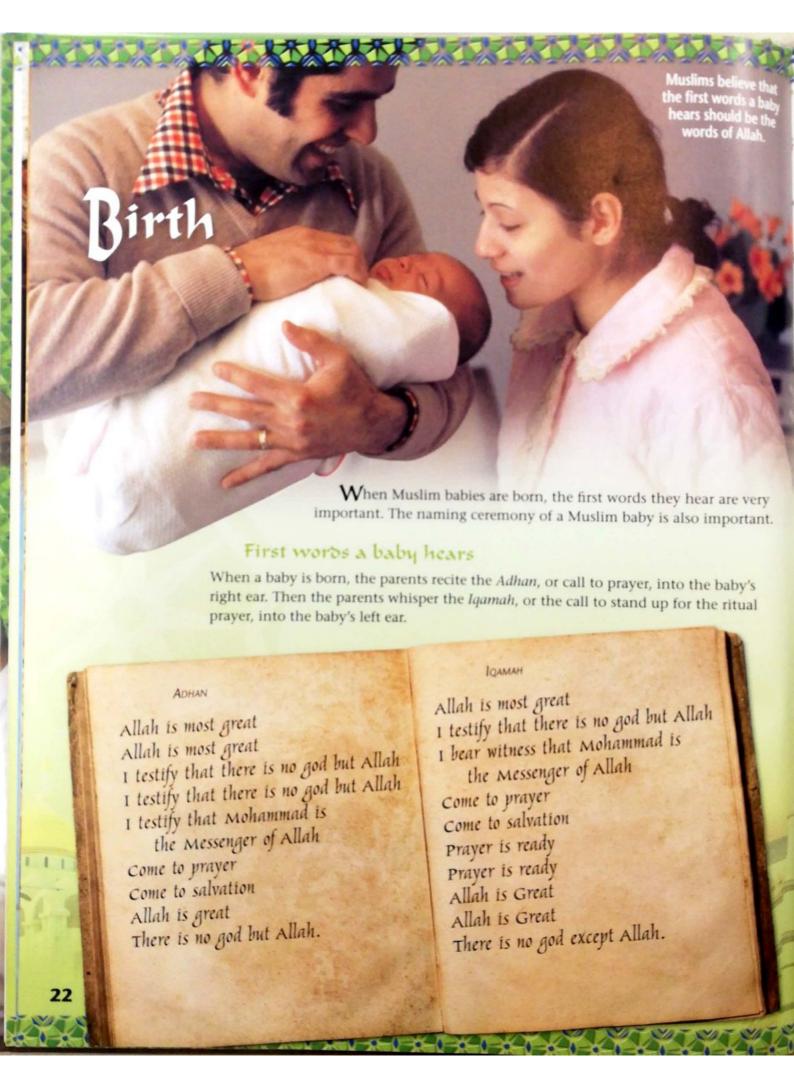
#### Halal foods

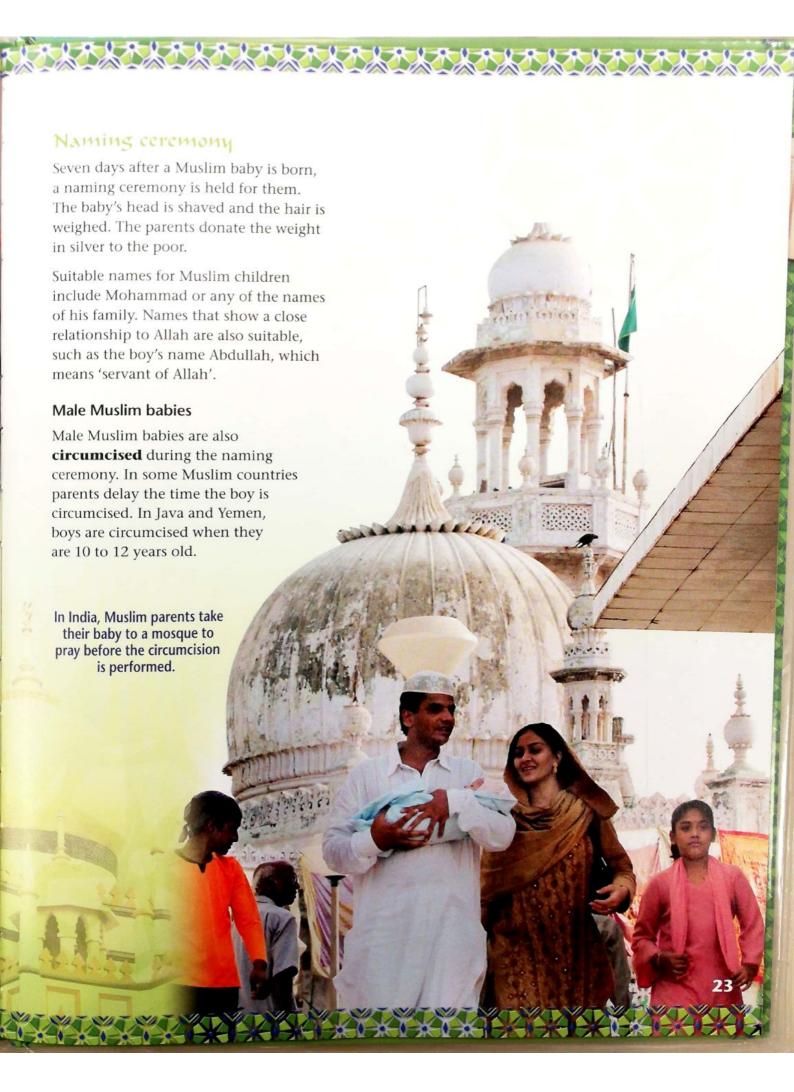
Sunni Muslims consider all fish to be halal, or allowed to be eaten. Shi'ite Muslims consider only some kinds of fish to be halal.

For meat to be halal, the animal must be ritually slaughtered. The correct method is to cut the throat so the blood drains quickly from the animal's body. This is so the animal does not suffer and does not realise it is going to die.

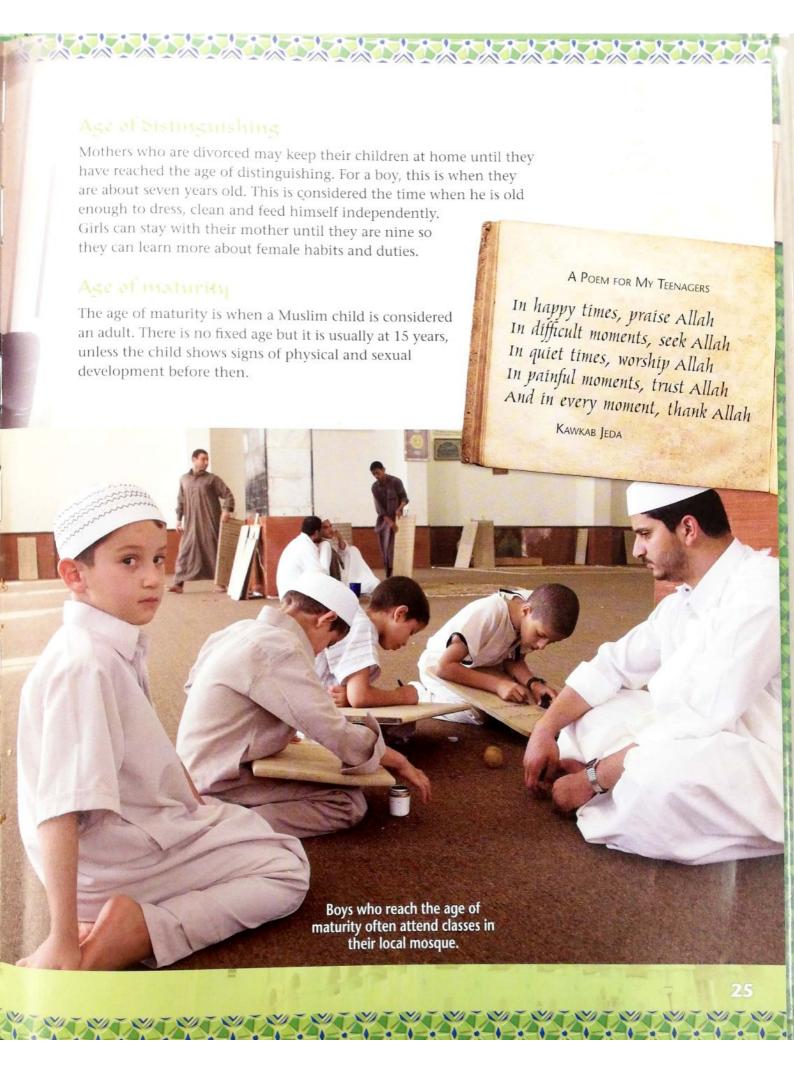
Muslims must begin their meals by saying the **basmala**. They say, 'In the name of Allah the Compassionate, the Caring'.

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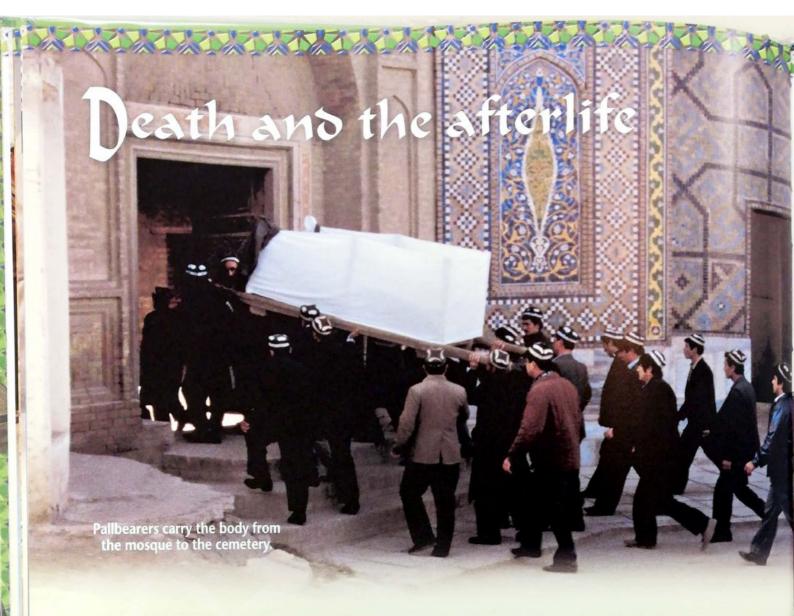












Muslims follow a number of rituals when someone is dying and at the funeral. They also believe in life after death.

#### The last hours

If a Muslim is still conscious when they are dying, they will ask their family and friends for forgiveness and blessings and to read to them from the Koran. They also want the last word they hear before they die to be 'Allah'.

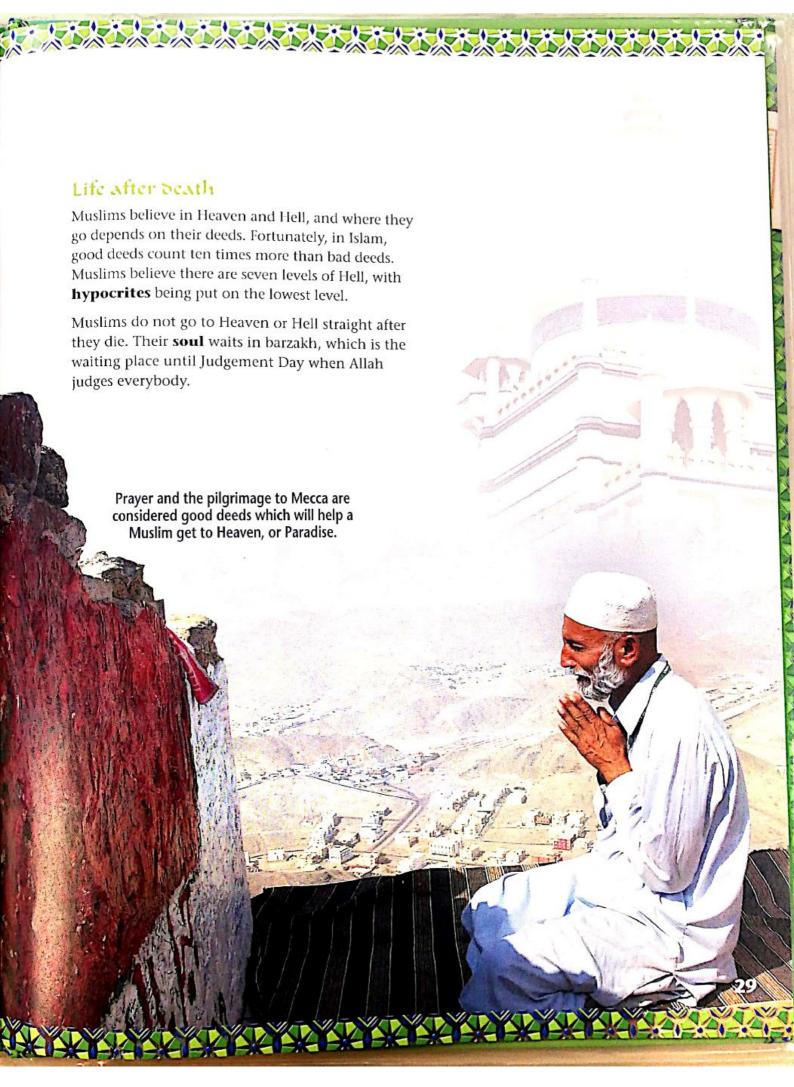
#### The funeral

After a Muslim dies, their body is washed all over with soap by someone of the same sex, either at home, at the mosque or at a special Muslim building.

The body is wrapped in a **shroud** made of white cloth. Women are wrapped in five layers of cloth and men three. The body is then taken to an open space or the mosque for funeral prayers. The funeral is led by an imam or by a family member, with a short speech by the imam.

#### The burial

After the funeral, the body is physically carried to the cemetery. This is considered more respectful than riding in a comfortable car. Muslims do not use coffins unless they have to for health reasons. The face of the body is turned to the right and they are buried so that they face Mecca. Muslims do not believe in cremation.



## slam around the world

Islam is the second largest religion in the world, with approximately 1.5 billion followers. Muslims can be found all over the world, with many living in Egypt, Iran, Iraq, Jordan, Syria, Algeria, Libya, Morocco, Tunisia, Somalia, Sudan, Bangladesh, India, Pakistan, Russia, China, Europe, Lebanon and Turkey.

The country with the world's largest Muslim community is Indonesia. It has 1.7 million Muslims, which make up 86 per cent of the population.

This map shows the top 13 Muslim countries.



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the first verse of the first Surah of the Koran basmala

leaders of Muslim nations caliphs

where the foreskin is removed from the penis circumcised

groups of people meeting to worship Allah congregations

not eating, or eating very little fasting

the most widely-used calendar in the world, based on the Gregorian calendar

cycle of the Sun

a reddish dye made from the leaves of the henna plant henna

people who pretend to believe in something to hide hupocrites

their real beliefs

idols images used as objects of worship

Kaaba the most sacred shrine in Islam, located in Mecca and

said to contain a rock from the altar built by the prophet

Abraham

Last Prophet the last person through whom Allah speaks, after which

there will be no other

mahr a gift, often of money, that a Muslim man must give to his

wife and can never ask for back

the home of Islam Mecca

Middle East the area around the eastern Mediterranean, from Turkey

to northern Africa and eastward to Iran

spoken, rather than written orally

a journey, usually a long one, made to a sacred place pilgrimage

the ninth month in the Muslim calendar Ramadan

sacred writings scriptures

speeches that explain sections of the Koran and advise sermons

followers how to use the teachings in their daily lives

a cloth that is wrapped around a body before it is buried shroud

a person's spirit, which lives forever soul

accepts without arguing submits

the people who follow (in order) successors